



September 2026

Central A&M High School MENU

Monthly Limited Time Offer

Pesto Chicken Flatbread

September 15th & 17th

Powering potential.™

Offered Daily @ Breakfast

- Fresh Fruit
- 1% White Milk or Chocolate Milk
- 100% Fruit Juice
- Assorted Cereals
- Pop-Tarts
- Donuts
- Benefit Bars
- Mini Strawberry Bagels
- Muffins

Offered Daily @ Lunch

- Pizza
- Cheeseburger
- Chicken Sandwich
- Spicy Chicken Sandwich
- Sun Butter & Jelly Sandwich
- Salad
- Tots or Fries
- MTO Mexican Bar

MON	TUES	WED	THURS	FRI
	¹ Breakfast Burrito A. BBQ Pork Sandwich B. Bean & Cheese Burrito C. Pepperoni Pizza D. Taco Salad	² Bagel w/ Grape Jelly A. Popcorn Chicken Bowl B. BBQ Chicken & Cheddar Flatbread C. Cheese Pizza D. Turkey Chef Salad	³ Lumberjack A. Glazed Donut w/ Egg Patty B. Chicken Nuggets C. Meat Lover's Pizza D. Apple, Cheese & Yogurt	⁴ Ham & Cheese Bagel A. Italian Popcorn Chicken Bowl w/ Red Sauce B. Grilled Cheese C. Variety Pizza D. Baja Salad
⁷ HAPPY LABOR DAY	⁸ Egg & Cheese Croissant A. Bosco Sticks B. Cheese Quesadilla C. Pepperoni Pizza D. Romaine & Cheese Salad	⁹ Sausage Breakfast Sandwich A. Korean Hot Honey Popcorn Chicken B. Mc Ribb C. Cheese Pizza D. Italian Salad	¹⁰ Three Cheese & Egg Breakfast Flatbread Eggoji Day A. Eggoji Waffles w/ Cheese Omelet B. Hot Dog C. Taco Pizza D. Apple, Cheese & Yogurt	¹¹ Homemade Blueberry Muffin Square A. Buffalo Popcorn Chicken Mac & Cheese B. Grilled Cheese C. Variety Pizza D. Egg Chef Salad
¹⁴ Waffles A. Hamburger Patty Horseshoe B. Grilled Cheese C. Cheese Pizza D. Ham Chef Salad	¹⁵ Bosco Stick A. Pesto Chicken Flatbread B. Maple Pizza Waffalaco C. Pepperoni Pizza D. Taco Salad	¹⁶ Powdered Sugar Donut Holes 	¹⁷ Egg Bagel A. Pesto Chicken Flatbread B. Corn Dog C. Buffalo Chicken Pizza D. Pretzel, Cheese & Yogurt	¹⁸ Glazed Cinnamon Roll A. Meatball Sub B. Grilled Cheese C. Variety Pizza D. Popcorn Chicken Salad
²¹ French Toast Sticks A. Fish Bites w/ Cheez-Its B. Chicken Nuggets C. Cheese Pizza D. Popcorn Chicken Salad	²² Egg & Cheese Croissant A. Bosco Sticks B. Bean & Cheese Burrito C. Pepperoni Pizza D. Pretzel, Cheese & Yogurt	²³ Country Chicken Biscuit A. Spaghetti w/ Beef Sauce B. BBQ Chicken Sandwich C. Cheese Pizza D. Ham Chef Salad	²⁴ Sausage & Cheese English Muffin A. Biscuit w/ Sausage Gravy B. Chicken Ranch Flatbread C. BBQ Chicken Pizza D. Baja Salad	²⁵ Homemade Blueberry Muffin Square A. Buffalo Ranch Chicken Bowl B. Grilled Cheese C. Variety Pizza D. Turkey Chef Salad
²⁸ Biscuits & Gravy A. Breaded Chicken Sandwich w/ Raiders Sauce B. Hot Dog C. Cheese Pizza D. Egg Chef Salad	²⁹ Breakfast Pizza A. Three Cheese Mac & Cheese B. Cheese Quesadilla C. Pepperoni Pizza D. Romaine & Cheese Salad	³⁰ Double Chocolate Donut Holes A. Orange Glazed Popcorn Chicken w/ Rice B. Mini Corn Dogs C. Cheese Pizza D. Apple, Cheese & Yogurt	 Eggoji Day September 10th	

Menus are subject to change.



All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.